



Inside:

Administrator's Corner	pg. 1
SMA Information	pg. 2-4
Athletics Info	pg. 4
ST. Bernadette Info	pg. 5

Monarch News

September 6, 2019

Our Mission:

The mission of Saint Mary Academy is to educate students spiritually, academically, emotionally, and socially through a curriculum rooted in the Roman Catholic faith. Students are educated in a manner that fosters academic excellence, provides a supportive atmosphere and develops students to be morally responsible members of their church and community.

Secrets of an Organized Student

Organization is the thinking skill that helps a child take a systematic approach to problem solving by creating order out of disorder. Organization involves learning how to collect all of the necessary materials to complete a task while being able to step back and examine a complex situation. For example, a child is using organizational skills when they take time to gather all of their notes before starting to study for a test. Every school year, parents share with me how their children struggle with organizational skills. They forget books, notebooks, and their folders at home or school. They can't remember their homework assignment or where to find the information to study. They leave the house without their necessary papers and books. Does this sound familiar? Below is a list of strategies you can teach your child at home to help them learn important organizational skills.

- Label. Use pictures or labels on containers to show where items belong.
- Have your child clean up their own work area. As parents we are often tempted to do the work for our kids because it is quicker. Teach them how to clean their work area.
- Get everything ready the night before.
- Buy a corkboard and pins. Hang up important papers so they don't get lost in piles on a desk.
- Make a homework supply kit with your child. Use a see-through plastic container with a lid that has all homework supplies in it (crayons, markers, paper, scissors, glue stick, etc.).
- Make visual checklists that use pictures to lay out the steps to perform a certain task. For instance, the morning routine might have pictures of getting out of bed, brushing teeth, getting dressed, brushing hair and eating breakfast. Visual checklists are great for younger kids.
- Color-code a family calendar. One color for school related stuff, another for sports, a third for social activities.
- Show your child what a neat backpack, room, desk, or closet looks like.
- Use a family whiteboard with tasks listed by color for each family member. Check or cross off tasks when completed.
- Have your child organize their own system for organization. If it's their system it is more likely to work for them.
- Take out the academic component. When organizing your child's backpack or folders, focus on the organization piece. Don't talk about their messy handwriting or the teacher's comments on their papers at that time.
- Make organization a family affair. Pick a consistent time, place, and way to organize together. Get a commitment from family members that you will try your new system for a few weeks. Have a family meeting and fine tune your system.
- Tackle one mess at a time. Don't try and organize everything at once. Choose one task at a time and evaluate.

Hope you find these tips helpful. Happy organizing!

Carrie McGreevy
K-4 Learning Coordinator

Important Dates

- 9/10 – PTO Meeting @ 6:30 pm
- 9/11 – 5th Grade Parent Lunch @ 11:55 am
- 9/12 – School Liturgy @ 8:15 am
- 9/17 – Pastry with My Peeps (A-F) 7:20-7:50
- 9/18 – Pastry with My Peeps (G-L) 7:20-7:50
- 9/19 – School Liturgy @ 8:15 am
- 9/20 – Grandparents' Day @ 9:00 – 10:30 am
11:30 Dismissal/Spirit Wear Day
- 9/24 – 4th Grade Parent Lunch @ 11:50 am
- 9/27 – Picture Day

Are you a Coach? Assistant Coach? Scout Leader?
Catechist?

ARE YOU SAFE ENVIRONMENT COMPLIANT? DO YOU NEED TO BE?

Do you work regularly with children? If so do you know what is required of you and what you can and can't do when working with children? Anyone working with children **MUST** have a background check no older than 5 years and have attended an Archdiocese of Louisville Safe Environment Training.

Saint Bernadette/Saint Mary Academy will be hosting a Safe Environment Training on Tuesday, October 8th, at 6:30pm in the Parish Center Soubirous room. No reservations needed, just come 10 minutes early to register. Must stay for entire presentation. If you are unsure of your status, please contact Tina LaTulippe, 815-3102 or tinal@stb2008.org.



Friday, Sept. 20th
9:00 am – 10:30 am

Schedule of Events:

8:45 – 9:00 Grandparent Check-In in the school lobby.

9:00 – 10:30 Classroom Activities

10:30 Grandparents Departure - If you would like your child(ren) to leave with a grandparent at this time, you must send a note or email to your child's teacher in advance.

11:30 Early Dismissal for all Students

Please be advised that there will be many visitors on campus on this day, and they may not be familiar with our dismissal routines and procedures. Thank you in advance for being helpful, kind and patient so we get everyone home safely.

Just a reminder that students going to After School Care on early dismissal days should bring a lunch and drink.

Attention: 8th Graders



Registration for the High School Placement Test Prep Class is due Sept. 20th.

This is an **optional** prep course which will be on Oct. 17 & 24 from 3:00 – 4:45 pm.

Please contact
Mary Helen Klem
mhklem@gmail.com 426-4573 with any questions.

Chess Club News!

Chess Club will be for students in grades 2 - 8 who are interested in playing the game of chess after school from 2:45 – 4:00. The club will meet on Tuesdays for seven weeks starting on September 24th. Registration will be through Chess Performance. A coach from Chess Performance will provide lessons at each meeting. Space is limited to twenty students. To register, click [here](#) to view the attached flyer.

The information on the flyer also lists individual opportunities to play in tournaments. The tournaments are with Chess Performance and are not part of the practices at SMA.

If you have questions, please contact Mrs. Cunningham at Debbie.cunningham@saintmaryacademy.com



Follow SMA on Twitter to stay in touch with so many of the wonderful things going on in our building:
[@StMaryAcademy](https://twitter.com/StMaryAcademy).



Pastry With My Peeps



“There’s no better way
To start your day
Than sharing a treat
With your favorite peeps.”



Last Name	Date
A – F	9/17
G – L	9/18
M – S	10/22
T – Z	10/23

- from 7:20 – 7:50 in the cafeteria.
A sign-up email will be coming.

Reporting an absence.



Please remember to call the office (315-2555) or email (mary.mcconnell@saintmaryacademy.com) before 8:30 am when reporting your child absent from school.



Better Together



October 25, 2019

Saint Mary Academy and St. Bernadette Campus

5:00 PM to 8:00 PM

Saint Mary Academy and St. Bernadette Church would like to invite you to join us in a community Chili and Smoker Cook-Off on October 25th, 2019 from 5-8 PM. We invite all school families, staff, parish members, gift families, and your extended families to join us. The event will be family friendly with plenty of entertainment for the children.

If interested in submitting an entry for judging, costs are \$20/ child, \$35/ adult, and \$50/smoker entry. All entries will include table space, chaffing dishes, sampling cups and utensils. If you are interested in entering or volunteering please contact Andrea Combs-McGaha at acombsmcgaha@gmail.com. More event information to follow.



"Good luck to all the Monarchs who are in play this weekend! Please consider coming out supporting one of our many teams in play this weekend. Thanks for the support and Go Monarchs!

All CSAA schedules can be found, <https://loucsaa.net/portfolio-grid-2-columns-with-filter/> "



SMA had 3 top ten race winners at the Tully Invitational.

Sarah Haines, 4th grade (1st place) and Ava Basa, 5th grade (3rd place) in the girls 4th/5th grade 2K race.

Sarah Braun, 3rd grade came in 6th place in the 2nd/3rd girls 2K race.



Please join our SMA & St. Bernadette community as we enjoy the viewing of the *Secret Life of Pets 2* September 20th on the lawn of St. Bernadette. Movie starts at 7:30 pm. Bring blankets, chairs, snacks & non-alcoholic beverages.

All are welcome to attend.



Parents, join us for a special presentation by physician, psychologist, and best selling author **Dr. Leonard Sax MD, PhD.**

Tuesday, September 17
6:30-8:30 p.m.
 Mercy Academy
 5801 Fegenbush Lane
 Louisville, KY 40228



Instagram ate my daughter and my son won't stop playing Fortnite—

What Parents Need to Know to Improve the Odds for Their Children

- What are kids really doing online and on their smartphones with social media?
- How do I respond when my child experiences disappointment?
- What can I do to improve the odds for my child?
- How can evidence-based guidelines for best practices in parenting empower me?

Dr. Leonard Sax MD, PhD. graduated Phi Kappa from MIT at the age of 19. In his presentation, he draws on 26 years of clinical experience—as well as his visits to over 400 schools in the past 17 years—to share his recommendations with fellow parents. More about Dr. Sax and his four books, including the New York Times bestseller, *The Collapse of Parenting*, can be found at www.leonardsax.com.





ARCHDIOCESE OF LOUISVILLE